

Resources to Protect Families from Pornography

Recommended Books

Be a Man by Fr. Larry Richards

Boys to Men by Tim Gray and Curtis Martin

Breaking Free: 12 Steps to Sexual Purity by Stephen Wood

Every Man's Battle, Every Young Man's Battle, and Preparing your Son for Every Man's Battle by Stephen Arterburn and Fred Stoeker

In the Shadows of the Net by Patrick Carnes

Out of the Shadows by Patrick Carnes

Theology of the Body for Beginners by Christopher West

Wired for Intimacy: How Pornography Hijacks the Male Brain by William M. Struthers

Online Resources

www.maritalhealing.com :	The official website of The Institute for Marital Healing
www.catholicmodesty.com :	A site promoting modesty in dress
www.familylifecenter.net :	The official website for Family Live Center International
www.dads.org :	The official website for St. Joseph's Covenant Keepers
www.fathersforgood.com :	A parenting website sponsored by the Knights of Columbus
www.pornucious.com	A Catholic website information, prayers and witness talks for those struggling with pornography.
www.settingcaptivesfree.com :	A Christian website addressing a number of addictions, including pornography
www.isafe.org :	A website for internet safety education
www.filterreview.com :	A website that describes and rates different internet filters
www.covenanteyes.com :	An accountability service for those struggling with internet pornography
www.safeeyes.com :	A service that blocks questionable websites
www.focusonthefamily.com :	A website that provides Christian resources for parenting
www.familysafemedia.com :	A website that provides resources for protecting your family online

- www.newlifepartners.com: A support group for wives whose husbands are caught in the web of sexual addiction
- www.pureonline.com: An online sex and pornography addiction recovery resources site that utilizes online workshops
- www.nationalcoalition.org: A website for the National Coalition for the Protection of Children and Families
- www.freedomeveryday.org: A site sponsored by L.I.F.E. Ministries (Living In Freedom Everyday), a sexual addiction recovery ministry
- www.flrl.org/truefreedom.com: A website sponsored by the Archdiocese of New York that provides resources for overcoming pornography use

Self-Help Groups

- Sexaholics Anonymous: www.sa.org
- S-Anon International: www.sanon.org
- Sex Addicts Anonymous: www.saa.org
- Sex and Love Addicts Anonymous: www.slaafws.org

Men's Groups

- The King's Men: www.thekingsmen.org
- St. Joseph's Covenant Keepers: www.dads.org
- Promise Keepers: www.promisekeepers.org
- That Man is You: www.paradlsusdel.org
- Knights of Columbus: www.kofc.org

For more information or help for pornography use, contact:

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