

# MARRIAGE ENRICHMENT

## WORLDWIDE MARRIAGE ENCOUNTER

(Marriage enrichment)

This time-tested weekend experience is designed to make good marriages better. The weekend will focus on understanding God's plan for marriage and developing skills to enhance communication, renew commitment and rekindle romance. Couples are urged to leave the rest of the world at a distance and spend time focused on each other to re-establish their relationship as a priority.

### DATES:

- February 15-17
- June 21-23
- October 18-20

### LOCATION:

Bishop Robert E. Tracy Center  
1800 S. Acadian Thruway  
Baton Rouge, LA 70808

### APPLICATION FEE:

\$75 (Donations requested)

### REGISTER ON-LINE AT:

[www.LAMS-wwme.org](http://www.LAMS-wwme.org)

### FOR ADDITIONAL INFORMATION:

1-800-586-5469

## RETRouvaille REDISCOVERY

(A program for struggling couples)

The Retrouvaille weekend provides attending couples with tools for re-connection, forgiveness and trust, especially through a special "dialogue" process. Since the hurt and pain of a struggling marriage cannot be fully healed in a single weekend, the Retrouvaille program provides a series of follow-up sessions to continue and deepen the healing process. After the follow-up sessions are over, couples have a chance to continue to receive support through monthly small group gatherings within the Retrouvaille community.

### DATES:

- March 8-10
- September 6-8

**COST:** \$250

### CONTACT:

Randall & Robin Bellard  
(225) 271-4092  
Or  
(225) 993-2443

### MORE INFORMATION AT:

[www.helpourmarriage.com](http://www.helpourmarriage.com)

## NATURAL FAMILY PLANNING

Natural Family Planning, or NFP, is a method of postponing or achieving pregnancy by observing the changes in a woman's body that naturally indicate her time of fertility. Couples can use that information to make informed decisions about planning the size of their families. There are numerous evidence-based methods available from which couples can choose. For more information on these methods and for information on local instructors:

### CONTACT:

Danielle Van Haute- (225) 242-0164

### OR GO TO:

[www.mfldiobr.org/natural-family-planning](http://www.mfldiobr.org/natural-family-planning)

## RECOVERING FROM DIVORCE

(For separated and divorced Catholics)

Since marital separation and divorce can be a devastating experience, this program encourages participants to tap into the power of their Catholic faith to promote their healing, regain their hope and restore their sense of peace. The program is a 13-week series that is based on the book *Divorced, Catholic, Now What?*. Each session usually lasts an hour and a half.

**DATES & LOCATIONS:** TBA

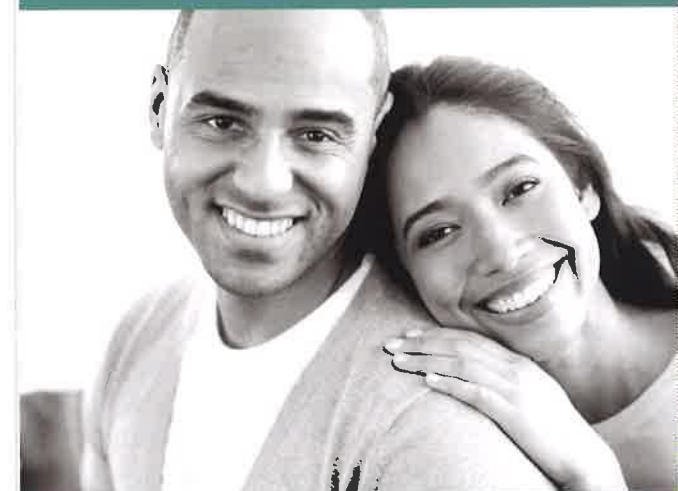
**COST:** \$50 (limit 30 participants)

### CONTACT:

Angela Falgoust  
(225) 343-6657 ext. 3031  
(225) 278-7321 (cell)  
[afalgoust@stalloysiusparish.com](mailto:afalgoust@stalloysiusparish.com)

# MARRIAGE PROGRAMS

BEFORE, DURING & AFTER



## DIOCESE OF BATON ROUGE 2019



### Office of Marriage & Family Life Catholic Life Center

1800 S. Acadian Thruway  
P.O. Box 2028 . Baton Rouge, LA 70821  
Ph. 225-242-0323  
Fax 225-336-8731

[www.mfldiobr.org](http://www.mfldiobr.org)

# 2019 MARRIAGE PREPARATION PROGRAMS

## CALLED TO LOVE

*(Engaged couples retreat)*

This weekend retreat experience has two purposes: a) to help the engaged couple deepen their relationship with God, both individually and as a couple, since they will need God's help to live out their marital covenant, and b) to strengthen their commitment in preparation for the celebration of the Sacrament of Marriage. The couple will meet these goals by reflecting on the readings, prayers and promises of the wedding ceremony to help them fully realize the nature of the commitment that God is calling them to make.

### DATES:

- January 11-13
- February 1-3
- April 12-14
- May 24-26
- June 14-16
- July 12-14
- August 16-18
- September 27-29
- October 25-27
- November 22-24

**COST:** \$260 per couple

### LOCATION:

Robert E. Tracy Center  
1800 S. Acadian Thruway  
Baton Rouge, LA 70808

### REGISTER ON-LINE:

[www.mfldiobr.org/marriage-preparation](http://www.mfldiobr.org/marriage-preparation)

## ENGAGED ENCOUNTER

*(Retreat for engaged couples)*

This is an intense working weekend that is intended to help engaged couples prepare for the Sacrament of marriage through a series of writings and shared exercises. These exercises will challenge the engaged couples to explore many aspects of their relationship, their spiritual life and their expectations of marriage in a deeper and more profound way than ever before.

### DATES:

- January 25-27
- March 15-17
- May 3-5
- June 28-30
- August 23-25
- November 15-17

**COST:** \$260 per couple

### MAKE CHECK PAYABLE TO:

Catholic Engaged Encounter

### MAIL TO:

Catholic Engaged Encounter  
Linda & Eddie McClure  
5368 Kennesaw Drive  
Baton Rouge, LA 70817  
(225) 337-2214

### ON-LINE REGISTRATION AT:

[www.CEEofBR.org](http://www.CEEofBR.org)

## NFP 101: THE BASICS OF NATURAL FAMILY PLANNING

*(A workshop for engaged and married couples)*

Natural Family Planning (NFP) is the general title used to describe the methods of achieving or postponing pregnancy by observing the changes that occur in a woman's body. These changes naturally indicate her time of fertility. Knowing the signs of fertility allows couples to make informed decisions about planning the size of their families. This workshop will introduce couples to an understanding of the scientific basis for NFP, an overview of the different evidence-based NFP methods and how these methods support God's plan for married love.

### DATES, LOCATIONS & REGISTRATIONS:

[www.mfldiobr.org/natural-family-planning](http://www.mfldiobr.org/natural-family-planning)

**COST:** \$20 per couple

### FOR MORE INFO CONTACT:

Danielle Van Haute  
(225) 242-0164  
dvanhaute@diobr.org

## REDEEMING STATE

*(For those previously married)*

This program is intended for couples preparing for marriage in which one or both parties have been previously married. Since these couples face unique challenges, they will meet one-on-one with a mentoring couple to review special materials and have open and honest discussions about issues that could be potential threats to their relationship. Through these discussions they are invited to deepen their commitment to one another and to open themselves to the Grace that is available in a Sacramental marriage.

### CONTACT:

Deacon Benjamin & Vera Dunbar  
(225) 324-2939 or (225) 324-5808  
Vera717@cox.net

Or

Dwayne & Karen Vidrine  
(225) 937-6826 or (225) 229-2476  
adisneymom@cox.net

**COST:** \$20 (for workbooks)

### MAKE CHECK PAYABLE TO:

Diocese of Baton Rouge

### MAIL TO:

Office of Marriage & Family Life  
Diocese of Baton Rouge  
P.O. Box 2028  
Baton Rouge, LA 70821